

Rates

Therapy Rooms

Full Day	\$45.00 (7hours)
Half Day	\$30.00 (3.5hours)
Three days or more	\$40.00 per day
Hourly	\$10.00per hour

Classroom

Class room	\$15.00 per hour
Full day	\$80.00 (weekends only)
Full Weekend	\$150.00

There are no hidden overheads.
The rates you see are what you pay.

Centre Hours

Monday - Friday 9.00am to 6.00pm.
Out of hours appointments by
arrangement.

- Low Flexible Rates
- Easy Parking
- Professional Service
- Growth Area
- Administrative Support

**Beresfield Health and
Relaxation Centre**
Bringing a little calm to your day

2 Lawson Avenue
BERESFIELD NSW 2322
Contact Linda

Phone: 02 40286394

Fax: 02 49665122

E-mail: Lindah.karma@yahoo.com.

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Relaxation Centre**

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A Professional
Space for
Therapists and
their Clients

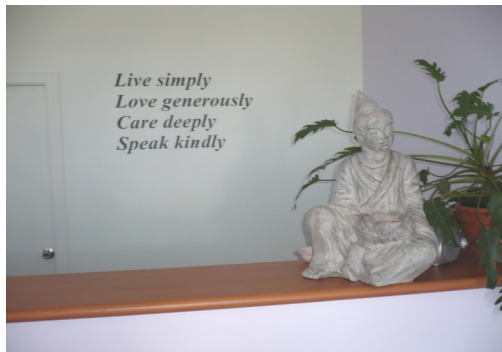
Tel: 02 40286394

Services we provide to you the Therapist

This new and innovative Centre is at Beresfield situated between Maitland and Newcastle just off the F3. Being located near both train and bus stations makes for easy access for therapists and their clients. The Centre itself is located in a prime main street location.

In addition to individual therapist sessions, the Centre runs various classes including yoga, meditation, Pilates and Active Over 50s further increasing the potential for cross referral. There are also bimonthly public health seminars.

The Centre offers therapists professional reception and administrative support services to help manage your client contacts.



View of reception from main entrance

The Centre offers a comfortable waiting area with herbal tea, cold water and relaxing music for waiting clients.



View of waiting room

There are four private and well maintained therapy rooms (3.2 x 2.8 meters) suitable for all health modalities.



Massage therapy room setup.



An example of a counselling or similar therapy room.

- * Large kitchen facilities.
- * Plenty of storage space.
- * A secure locked space for client files.

Large carpeted space in which to hold classes/seminars/ workshops. This space has a small raised platform at one end to elevate instructors so they are clearly seen by all participants.



- * Sufficient parking behind Centre for eight or more cars.
- * Friendly and efficient support.
- * Free advertising of your service through Centre publicity.
- * Located in a population growth area.

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