

Skin Treatments/Maintenance

Lynda Simmonds, Skin Specialist

Micro-Dermabrasion

Non-invasive process using inert crystals accelerated onto skins surface to abrade layers of dead/ damaged skin cells. On completion of the process, a vacuum suction removes fired crystals/ unwanted abraded skin particles, leaving your skin smoother, brighter and firmer.

Why Micro-Dermabrasion? A popular technique for skin rejuvenation and exfoliation due to the simplicity, effectiveness, and almost total absence of contraindications. Does not involve the restrictions or difficulties often associated with chemical peels, laser resurfacing and various other treatments. Painless and you are able to leave the clinic with a clear/bright complexion. Due to regeneration of epidermal cell structure. No down time, resume activities immediately. Overall fresh, healthy looking glow.

Conditions benefited by Micro-Dermabrasion:

- ✓ Sun damaged/ pigmentation
- ✓ Ageing hands or body
- ✓ Congested, dull or tired skin
- ✓ Pitted post acne scarring
- ✓ Acne or blemished skin
- ✓ Stretch marks

Skin Maintenance

- ✓ Reduce lines and wrinkles
- ✓ General skin maintenance
- ✓ All skin types and colours
- ✓ Healthier, younger looking skin
- ✓ Skin sensitive to chemical procedures
- ✓ Increases circulation

Body parts suitable for treatment: Face, Neck, Arm, leg, chest, between breast, hands etc

Essential Home Care after Micro-Dermabrasion:

- ✓ Healing moisturizer as directed
- ✓ No sun beds and avoid sun exposure
- ✓ Ensure skin is kept moisturized
- ✓ Avoid swimming and other treatments (1 week)
- ✓ Use suitable maintenance products and sun block

Single treatment \$72 6 treatments \$349 (save \$83)

Non Surgical Face Lift Galvanic Spa

Galvanic spa works with micro currents which stimulate muscle tissue as it lifts and tightens the skin. There are 2 stages of the treatment, a negative and a positive current to help draw out impurities, delivering beneficial ingredients to the epidermis and dermis layers of the skin. You can see remarkable difference even after 1 treatment. There is no downtime. This treatment can be done in your lunch hour. **Benefits:** Facial muscles lifted and toned, reduce lines and wrinkles, firmer facial contours, more youthful appearance, finer pores due to increased elasticity, reduced puffiness around the eyes, improves acned skin, fresher complexion, relaxed expression and stress lines, younger skin texture, corrective/preventative application.

Single treatment \$75 or 3 treatments \$205 (Save \$20)

Conditions:

- Multiple treatment packages require advanced payment*
- Pre-assessment may be required for problematic skin*
- Multiple sessions will give better results*
- Highly recommended quarterly maintenance treatments*
- Credit card payments incur 2%*

Bookings Essential

4393 1200 or

1300 93 1200

PTO Laser Hair Reduction / Skin Rejuvenation Specials

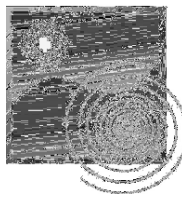
Lake Spa Wellness Centres / School of Integrated Body Therapy

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Lynda Simmonds, Hair & Skin Laser Specialist

Laser Hair Reduction

A gentle solution that is effective for reducing unwanted hair.

Laser technology is convenient with longer lasting results. Works by selectively targeting the inside of the hair follicle. Laser is an intense beam of light energy, which at different wavelengths, targets different structures in the skin. The Laser targets the pigment in the hair follicle without causing damage to the surrounding areas. After a treatment you can return to your daily activities. *Conditions apply

Specials

Brazilian \$158 per treatment (save \$42 normally \$200)

Bikini & underarm \$158 per treatment (save \$52 normally \$210)

Lip	\$49	Lower Leg	\$240	Underarms	\$90	Chest	\$210
Lip & Chin	\$89	Upper leg (ex bikini)	\$200	Half arm	\$180	Breast	\$100
Side of the face	\$68	Upper leg + bikini	\$280	Full arm	\$270	Full Front	\$380
Full face & sides	\$140	Full leg (ex bikini)	\$450	Hands	\$80	Shoulders	\$180
Back of Neck	\$68	Full leg + Bikini	\$500	Bikini	\$120	Full Back	\$350
Chin	\$49	Feet	\$40	Brazilian	\$200		

*Conditions apply

Laser Skin Rejuvenation

An exciting new procedure designed to produce younger and healthier looking skin. As most of us age, we begin to see small but visible signs of sun damage appearing in our complexion. This may include sun damage, freckles, rosacea, wrinkles, broken capillaries, dark spots, blotchy skin, redness of face and neck and/or enlarged pore size. This is the only procedure that can treat vascular redness, pigmented brown spots, sun damage and collagen structure at once, with little or no "down time" and with minimal discomfort. *Conditions apply.

Special

Full face \$198 per treatment (3 treatment package Save \$126)

Pre-assessment	\$45	Forehead (Hairline)	\$100	Full Face	\$240	Full Face & Neck	\$300
Single Spot	\$40	Hands (both)	\$170	Chest	\$240	Full Face, Neck, Chest	\$450

*Conditions apply:

Mandatory pre assessment consult (\$45) deducted from further treatments.

Pay for 3 full price treatments in advance and receive 10% off the total

Full face special applies for 3 treatment package paid in advance, ie. \$594

Prices may vary dependent on skin condition/damage

Minimum 6 treatments recommended for best results

Credit card payments incur 2% fee on total amount

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