



# BUNDABERG

**ADVANCE YOUR SKILLS, INCREASE YOUR KNOWLEDGE  
WITH PROVEN INDUSTRY LEADERS**

Train with one of the most recognised & experience schools with over 30 years experience in Australia & Asia  
Registered Training Organisation, Accredited with ATMS, AAMT, AMT, ARM, ASPA

## TRIGGER POINT THERAPY

**4 DAYS 23,24,25,26 January 09 9.30-5pm**

Pre-requisite Cert IV Massage or relevant massage training

**Enrolments close 13 January** SIBT office closes 24/12 & reopens 7/1



### INFO TALK

Friday 28 Nov 111 Targo St 7pm

Presented by SIBT Principal.

Maggie Sands has 30 yrs experience in the massage profession, is the longest standing ATMS Director and currently holds the position of Vice President for the Society. Don't miss this opportunity to hear about this training & other courses offered by SIBT.

**Bookings Essential 1300 93 1200**

### WHY TRAIN WITH SIBT

The course is designed to enhance and refine your palpation skills. You will learn how to locate and treat trigger points in the skeletal muscles and in the muscle's fascia. Trigger Point can be easily incorporated into your treatments, especially neck, shoulder and lower back routines. Trigger Points are located by touch. You will learn and recognise predictable pain patterns of active trigger points and their role in muscle dysfunction as well as detect perpetuating factors which activate trigger points.

**ENQUIRIES 1300 93 1200**

Venue	Accreditation	Price	Bring to course
111 Targo St, Bundaberg	SIBT Certificate of Trigger Point Therapy	\$999	Massage table & equipment

SIBT has waived the \$88 enrolment fee -Credit Card payments incur 2% fee on total amount -Dates/venues/times etc subject to change, confirm details prior to commencement. Courses can only proceed when enough enrolments are received. Enrolments close 13 January. Early enrolment encouraged and preferred.

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